

2026 True North Conference Meet

May 1, 2026 - East Grand Forks

Mens Varsity

1.	East Grand Forks	202
2.	Thief River Falls	170.5
3.	Roseau	86.5
4.	Warroad	69
5.	Goodridge/Grygla	51
6.	Crookston	39
6.	BGMR Freeze	39
8.	Red Lake County	24

Womens Varsity

1.	Thief River Falls	185
2.	East Grand Forks	127.5
3.	BGMR Freeze	98
4.	Roseau	81
5.	Crookston	53.5
6.	Red Lake County	50
7.	Goodridge/Grygla	33
8.	Warroad	28
9.	Kittson County Central	27

Boys Varsity 100 Meters

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Athlete Yr Team Mark H#

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- 1 Aaron Gosse 11 Crookston 11.58a
- 2 Brandon Schenkey 12 BGMR Freeze 11.68a
- 3 David King 10 Thief River Falls 11.80a
- 4 Grant Sorum 10 East Grand Forks 11.97a
- 5 Chris Barlow 10 Roseau 12.03a
- 5 Corbin Hruby 8 Thief River Falls 12.03a
- 7 Ty Folland 11 BGMR Freeze 12.06a
- 8 Gavin Reitmeier 10 Crookston 12.08a
- 9 Isaac Minnotte 9 East Grand Forks 12.11a
- 10 Shay Jacobson 10 Goodridge/Grygla 12.13a
- 11 Ian Winter 11 Thief River Falls 12.16a
- 12 Abe Miller 12 Goodridge/Grygla 12.17a
- 13 Desean Johnson 10 Roseau 12.21a
- 14 Masen Lessard 9 Crookston 12.23a
- 15 Braden Hipp 11 East Grand Forks 12.29a
- 16 Jaxon Stassen 11 East Grand Forks 12.36a
- 17 Segui Navarro 10 BGMR Freeze 12.51a
- 18 D'Mari Huston-Ware 8 Roseau 12.55a
- 19 Cash Reynolds 9 Thief River Falls 12.72a
- 20 Isaac Detweiler 12 Roseau 12.76a
- 21 Jude Saustad 12 Warroad 13.27a
- 22 Gus Jones 10 Goodridge/Grygla 13.68a
- 23 Dominick Homme 9 Warroad 14.56a
- Ozander Andrade 12 BGMR Freeze DQ
- Miles Corneillie 12 Crookston SCR

Girls Varsity 100 Meters

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Athlete Yr Team Mark H#

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1 Gwen Wojciechowski 12 Thief River Falls 12.69a
2 Janessa Torgerson 12 Goodridge/Grygla 13.10a
3 Davdine King 11 Thief River Falls 13.19a
4 Janaya Albers 9 Thief River Falls 13.21a
5 Ilaina Fish 12 Warroad 13.54a
6 Jordyn Skjerven 8 Thief River Falls 13.60a
7 Chloe Boll 12 Crookston 13.68a
8 Bella Gerardy 9 BGMR Freeze 13.79a
9 Emma Olson 10 Roseau 13.96a
9 Alayla Blanco 11 Goodridge/Grygla 13.96a
11 Kiera Hagen 11 Roseau 14.00a
12 Tatum Preteau 11 Roseau 14.04a
13 Greta Hedlund 11 Roseau 14.22a
14 Addison Jeuch 10 East Grand Forks 14.23a
15 Taylor Wilson 9 Goodridge/Grygla 14.35a
16 Bridget Groven 7 Crookston 14.37a
17 Brooklyn Waldal 11 Crookston 14.43a
18 Krystal Neuschwander 9 Goodridge/Grygla 14.44a
19 Kinsley Wangen 9 Crookston 14.45a
20 Eliza White 9 Warroad 14.54a
21 Isabella Schmiedeberg 10 East Grand Forks 14.55a
22 Ariana Linden 11 East Grand Forks 14.76a
23 Ava Barrett 11 BGMR Freeze 15.45a
24 Mayella Puente 9 East Grand Forks 15.51a
25 Amora Puttbrese 9 BGMR Freeze 15.85a
26 Ela Lovell 10 Warroad 16.00a
27 Braelyn Gonshorowski 11 BGMR Freeze 16.87a
28 Lyna Lovell 7 Warroad 17.56a
29 Molly Iten 12 Kittson County Central 18.41a

Boys Varsity 200 Meters

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Athlete Yr Team Mark H#

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1 Aaron Gosse 11 Crookston 23.60a
2 Brandon Schenkey 12 BGMR Freeze 23.96a
3 David King 10 Thief River Falls 24.20a
4 Christian Daoheuang 9 Warroad 24.46a
5 William Smith 11 Thief River Falls 24.55a
6 Chris Barlow 10 Roseau 24.69a
7 Isaac Minnotte 9 East Grand Forks 24.77a
8 Ian Winter 11 Thief River Falls 25.16a
9 Alexander Link 11 East Grand Forks 25.17a
10 Gavin Reitmeier 10 Crookston 25.18a
10 Masen Lessard 9 Crookston 25.18a
12 Braden Hipp 11 East Grand Forks 25.33a
13 Hudson Brouse 11 Thief River Falls 25.45a
14 Jude Saustad 12 Warroad 25.72a
15 Desean Johnson 10 Roseau 25.85a

16 D'Mari Huston-Ware 8 Roseau 25.99a
17 Christian Omlid 10 East Grand Forks 26.14a
18 Jackson Barth 11 BGMR Freeze 27.32a
19 Barron Muirhead 10 Roseau 27.58a
20 Wylie Lehrer 9 Red Lake County 27.75a
21 Miles Corneillie 12 Crookston 27.91a
22 Alex Bramer 10 Red Lake County 28.32a
23 Owen O'Neill 10 Red Lake County 28.66a
24 Dominick Homme 9 Warroad 30.07a
25 Isaac Van De Hay 10 Goodridge/Grygla 31.37a
-- Segui Navarro 10 BGMR Freeze SCR
-- Jaxon Bring 11 BGMR Freeze SCR

Girls Varsity 200 Meters

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Athlete Yr Team Mark H#

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1 Gwen Wojciechowski 12 Thief River Falls 26.49a
2 Keira Bye 11 East Grand Forks 27.19a
3 Davdine King 11 Thief River Falls 27.42a
4 Kinsley Beland 8 East Grand Forks 27.61a
5 Janaya Albers 9 Thief River Falls 27.87a
6 Kylie Snare 12 BGMR Freeze 27.96a
7 Bella Dicken 10 Thief River Falls 28.51a
8 Ilaina Fish 12 Warroad 28.76a
9 Kiera Hagen 11 Roseau 29.31a
10 Aryanna Aro 11 East Grand Forks 29.33a
11 Bella Gerardy 9 BGMR Freeze 29.44a
12 Morgan Boll 9 Crookston 29.88a
13 Ranyia Jacobs 9 East Grand Forks 30.10a
14 Anna Ulvin 12 Roseau 30.40a
15 Sascha Melby 8 BGMR Freeze 30.70a
16 Jordan Johnson 9 Red Lake County 30.74a
17 Julia Halvorson 9 Goodridge/Grygla 30.82a
18 Krystal Neuschwander 9 Goodridge/Grygla 30.84a
19 Greta Hedlund 11 Roseau 31.38a
20 Ava Oliver 9 Crookston 31.73a
21 Mollie Wagner 8 Crookston 32.12a
22 Clara Hanson 9 Warroad 32.15a
23 Ava McKeever 10 Warroad 32.69a
24 Leva Ulvin 9 Roseau 33.28a
25 Brianna Severts 9 Goodridge/Grygla 33.54a
26 Lyna Lovell 7 Warroad 36.87a
-- Annalee Espinoza 9 Crookston SCR

Boys Varsity 400 Meters

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Athlete Yr Team Mark H#

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- 1 Jezrael Jones 12 East Grand Forks 50.83a
- 2 Dereon Dadeah 12 East Grand Forks 51.47a
- 3 William Smith 11 Thief River Falls 54.41a
- 4 Tobias Sobotta 9 Thief River Falls 55.03a
- 5 Wyatt Nelson 12 Thief River Falls 55.41a
- 6 Hudson Brouse 11 Thief River Falls 56.17a
- 7 Isaac Detweiler 12 Roseau 57.63a
- 8 Mason McMillin 10 Warroad 58.01a
- 9 Nathan Dauksavage 9 East Grand Forks 58.85a
- 10 Wyatt Svendsen 9 East Grand Forks 59.35a
- 11 Jake Fredrickson 11 BGMR Freeze 1:00.97a
- 12 Alex Bramer 10 Red Lake County 1:01.27a
- 13 Matthias Henry 10 BGMR Freeze 1:01.59a
- 14 Micah Severson 8 Roseau 1:01.70a
- 15 Jackson Barth 11 BGMR Freeze 1:02.64a
- 16 Connor Hjelle 10 Goodridge/Grygla 1:02.67a
- 17 Owen O'Neill 10 Red Lake County 1:02.86a
- 18 Landon Adams 12 Warroad 1:04.21a
- 19 Brody Betcher 9 Roseau 1:04.85a
- 20 Chase Kasprowicz 9 Roseau 1:06.13a
- 21 Isaac Van De Hay 10 Goodridge/Grygla 1:12.36a

Girls Varsity 400 Meters

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Athlete Yr Team Mark H#

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- 1 Kayla Peterson 10 Thief River Falls 59.96a
- 2 Kinsley Beland 8 East Grand Forks 1:00.67a
- 3 Keira Bye 11 East Grand Forks 1:01.13a
- 4 Mackenzie Lee 12 Thief River Falls 1:04.24a
- 5 Livia Harbott 11 Thief River Falls 1:05.04a
- 6 Anna Ulvin 12 Roseau 1:06.31a
- 7 Aaliyah Bramer 8 Red Lake County 1:07.61a
- 8 Isabelle Paradis 9 Red Lake County 1:08.38a
- 9 Meredith Allard 10 East Grand Forks 1:08.97a
- 10 Chloe Barrett 9 BGMR Freeze 1:09.18a
- 11 Morgan Converse 10 BGMR Freeze 1:09.81a
- 12 Mylee Sjulestad 11 Goodridge/Grygla 1:10.50a
- 13 Lauren Carpenter 9 East Grand Forks 1:11.37a
- 14 Clara Hanson 9 Warroad 1:12.90a
- 15 Claire Schuster 9 Thief River Falls 1:14.19a
- 16 Catelyn Mruska 9 Crookston 1:14.29a
- 17 Leva Ulvin 9 Roseau 1:16.31a
- 18 Ela Lovell 10 Warroad 1:17.52a
- 19 Emma Goulet 9 Warroad 1:19.71a
- 20 Braelyn Gonshorowski 11 BGMR Freeze 1:28.33a
- Mylee Vacura 12 Roseau SCR

Boys Varsity 800 Meters

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Athlete Yr Team Mark H#

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1 Asher Munstenteiger 10 Roseau 2:07.74a
2 Tobias Sobotta 9 Thief River Falls 2:08.37a
3 Rafael Jones 11 East Grand Forks 2:15.66a
4 Nick Suchy 12 Red Lake County 2:18.35a
5 Asher Riske 9 East Grand Forks 2:22.57a
6 Cole Vandervort 11 East Grand Forks 2:23.30a
7 Dylan Lane 10 Thief River Falls 2:24.60a
8 Elijah Helstad 10 Warroad 2:24.67a
9 Blake Stanley 11 Goodridge/Grygla 2:25.59a
10 Silas Hinson 9 Roseau 2:26.65a
11 Cormac Doty 11 East Grand Forks 2:26.99a
12 Robbie Henry 12 BGMR Freeze 2:31.19a
13 Abram Huener 9 Roseau 2:31.35a
14 Richard Armendariz 9 Thief River Falls 2:31.81a
15 Gus Jones 10 Goodridge/Grygla 2:36.12a
16 Chris Goodrich 10 Crookston 2:39.01a
17 Brody Betcher 9 Roseau 2:41.96a
18 Connor Hjelle 10 Goodridge/Grygla 2:43.51a
19 Dominick Homme 9 Warroad 2:47.28a
20 Landon Adams 12 Warroad 2:48.96a
21 Aiden Mooney 9 BGMR Freeze 2:50.00a

Girls Varsity 800 Meters

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Athlete Yr Team Mark H#

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1 Elory Mossestad 11 Thief River Falls 2:27.35a
2 Avary Solem 7 East Grand Forks 2:28.15a
3 Audrey Hayden 9 Roseau 2:30.01a
4 Jerzey Perkerewicz 11 East Grand Forks 2:31.11a
5 Lola Hendrickson 7 Red Lake County 2:36.85a
6 Lauren Olson 9 Roseau 2:36.99a
7 Livia Harbott 11 Thief River Falls 2:40.16a
8 Jenna Goulet 12 Warroad 2:40.48a
9 Isabelle Paradis 9 Red Lake County 2:42.31a
10 Teresa Cudnik 9 BGMR Freeze 2:45.41a
11 Ashlynn Omdahl 12 Roseau 2:46.73a
12 Alle Kollin 7 Crookston 2:48.80a
13 Keatyn Kliner 9 Crookston 2:49.25a
14 Natalia Zoller 10 Thief River Falls 2:51.01a
15 Breckyn Pemberton 9 East Grand Forks 2:53.28a
16 Ella Marquart 11 Red Lake County 3:23.99a
17 Rylee Whitaker 9 Red Lake County 3:24.40a
18 Kasey Fritz 9 Crookston 3:43.65a
19 Andrea Morales 9 Crookston 3:47.46a
-- Julia Moberg 12 Roseau SCR

Boys Varsity 1600 Meters

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Athlete Yr Team Mark H#

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- 1 Curtis Griffin 10 Thief River Falls 4:34.96a
- 2 Doot Boucha 9 Warroad 4:47.94a
- 3 Lincoln Davis 11 Thief River Falls 4:59.67a
- 4 Brody Kasprowicz 12 Roseau 4:59.86a
- 5 Kylan Driscoll 9 East Grand Forks 5:08.34a
- 6 Silas Hinson 9 Roseau 5:17.06a
- 7 Dietrich Olson 9 Roseau 5:17.96a
- 8 Stephan Eastvold 9 Warroad 5:19.17a
- 9 Robbie Henry 12 BGMR Freeze 5:24.10a
- 10 Abram Huener 9 Roseau 5:24.63a
- 11 Owen Kliniske 12 East Grand Forks 5:25.42a
- 12 Wyatt Novak 10 Thief River Falls 5:27.14a
- 13 Chris Goodrich 10 Crookston 5:37.73a
- 14 Dawson Mimnaugh 8 BGMR Freeze 5:38.23a
- 15 Logan Hovland 9 Red Lake County 5:44.83a
- 16 Tyler Dumas 10 East Grand Forks 5:55.09a
- 17 Payton Sciortino 11 East Grand Forks 6:00.20a
- 18 Aiden Mooney 9 BGMR Freeze 6:20.99a
- Jonah Lee 9 Thief River Falls SCR

Girls Varsity 1600 Meters

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Athlete Yr Team Mark H#

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- 1 Avary Solem 7 East Grand Forks 5:29.77a
- 2 Elory Mossestad 11 Thief River Falls 5:40.70a
- 3 Lola Hendrickson 7 Red Lake County 5:42.22a
- 4 Josephine Hinson 11 Roseau 5:46.39a
- 5 Evelyn Griffin 8 Thief River Falls 5:56.29a
- 6 Megan Delaney 11 Roseau 6:05.39a
- 7 Brielle Reinbold 9 Red Lake County 6:15.41a
- 8 Elizabeth Jarshaw 8 BGMR Freeze 6:32.66a
- 9 Rose Cudnik 12 BGMR Freeze 6:43.44a
- 10 Hallie Perry 7 Crookston 6:51.12a
- 11 Alexis Hitchcock 10 East Grand Forks 6:53.97a
- 12 Rylee Whitaker 9 Red Lake County 7:14.53a
- 13 Ella Marquart 11 Red Lake County 7:15.82a
- 14 ZiiZi Sam 12 Crookston 7:22.52a
- 15 Ellie Nelson 10 Goodridge/Grygla 7:42.36a

Boys Varsity 3200 Meters

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Athlete Yr Team Mark H#

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- 1 Tyson McKeever 11 Warroad 10:03.42a
- 2 Curtis Griffin 10 Thief River Falls 10:16.91a
- 3 Van Munstenteiger 12 Roseau 10:53.54a
- 4 Willilam Klawitter 12 Red Lake County 11:13.34a
- 5 Hayden Shulstad 11 Red Lake County 11:40.57a
- 6 Jace Sands 8 Thief River Falls 12:29.24a
- 7 Dawson Mimnaugh 8 BGMR Freeze 12:29.82a
- 8 Owen Kliniske 12 East Grand Forks 12:34.56a
- 9 Thorbjorn Johnson 10 Roseau 12:50.69a
- 10 Logan Hovland 9 Red Lake County 13:06.21a
- 11 William Dagg 9 Thief River Falls 13:08.44a
- 12 Chase Kasprowicz 9 Roseau 13:10.85a
- Kylan Driscoll 9 East Grand Forks SCR
- Lincoln Davis 11 Thief River Falls SCR

Girls Varsity 3200 Meters

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Athlete Yr Team Mark H#

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- 1 Linnea Harren 12 Warroad 12:20.03a
- 2 Evelyn Griffin 8 Thief River Falls 13:10.71a
- 3 Megan Delaney 11 Roseau 13:22.71a
- 4 Brielle Reinbold 9 Red Lake County 14:19.63a
- 5 Paisley Schneider 7 Thief River Falls 14:34.93a
- 6 Corbyn Bring 9 BGMR Freeze 15:04.53a
- 7 Maria Mooney 12 BGMR Freeze 15:24.03a
- 8 Audrey Floden 11 East Grand Forks 16:04.62a
- 9 Gabby Zoller 9 Thief River Falls 16:59.40a

Girls Varsity 100m Hurdles

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Athlete Yr Team Mark H#

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- 1 Anna Mooney 10 BGMR Freeze 17.64a
- 2 Jordan Johnson 9 Red Lake County 19.16a
- 3 Alyssa Foster 10 Thief River Falls 19.47a
- 4 Megan Skoglund 11 Roseau 19.78a
- 5 Mia Carriere 9 Thief River Falls 19.88a
- 6 Ariana Linden 11 East Grand Forks 19.89a
- 7 Faustina Henry 9 BGMR Freeze 20.36a
- 8 Aaliyah Bramer 8 Red Lake County 20.44a
- 9 Lauren Tull 8 Crookston 20.65a
- 10 Olivia Crummy 10 BGMR Freeze 21.14a
- 11 Amora Puttbrese 9 BGMR Freeze 22.84a
- 12 Kennley Krause 9 Warroad 23.04a
- Alle Kollin 7 Crookston SCR
- Kendra Olson 12 East Grand Forks SCR

Boys Varsity 110m Hurdles

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Athlete Yr Team Mark H#

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- 1 Matthew Rieckman 11 East Grand Forks 16.76a
- 2 John Delaney 12 Roseau 16.95a
- 3 Alexander Link 11 East Grand Forks 18.86a
- 4 Divin Tshitende 10 East Grand Forks 19.56a
- 5 Connor Shear 10 East Grand Forks 19.72a
- 6 Michael Rowe 11 Thief River Falls 20.48a
- 7 Wylie Lehrer 9 Red Lake County 21.15a
- 8 Owen O'Neill 10 Red Lake County 21.54a
- 9 Elijah Helstad 10 Warroad 21.88a
- 10 Caleb Mauch 11 Thief River Falls 22.15a
- 11 Levi Wilde 8 Thief River Falls 23.17a
- 12 Tre'von Johnson 9 BGMR Freeze 25.29a
- John Pena 10 BGMR Freeze DNF

Boys Varsity 300m Hurdles

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Athlete Yr Team Mark H#

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- 1 Christian Daoheuang 9 Warroad 42.29a
- 2 Matthew Rieckman 11 East Grand Forks 44.72a
- 3 John Delaney 12 Roseau 45.97a
- 4 Alexander Link 11 East Grand Forks 46.36a
- 5 Divin Tshitende 10 East Grand Forks 46.69a
- 6 Connor Shear 10 East Grand Forks 47.16a
- 7 Isaac Ball 9 Goodridge/Grygla 48.42a
- 8 Michael Rowe 11 Thief River Falls 49.74a
- 9 Caleb Mauch 11 Thief River Falls 51.69a
- 10 Wylie Lehrer 9 Red Lake County 52.31a
- 11 Luke Hapka 8 BGMR Freeze 52.35a
- 12 Levi Wilde 8 Thief River Falls 52.87a
- 13 Holtyn Crist 9 Roseau 53.44a

Girls Varsity 300m Hurdles

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Athlete Yr Team Mark H#

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- 1 Jorja Perkerewicz 8 East Grand Forks 50.41a
- 2 Aubrey Halverson 9 Red Lake County 51.48a
- 3 Anna Mooney 10 BGMR Freeze 52.25a
- 4 Alle Kollin 7 Crookston 54.14a
- 5 Reese Novacek 11 Roseau 55.47a
- 6 Mia Carriere 9 Thief River Falls 55.99a
- 7 Megan Skoglund 11 Roseau 56.37a
- 8 Faustina Henry 9 BGMR Freeze 57.32a
- 9 Alyssa Foster 10 Thief River Falls 57.98a
- 10 Lauren Tull 8 Crookston 58.17a

11 Ariana Linden 11 East Grand Forks 59.74a
12 Aveah Hanson 10 Thief River Falls 1:04.16a

Boys Varsity 4x100 Relay

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Team	Time	H#
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- | | | |
|----|-------------------|--------|
| 1 | East Grand Forks | 46.70a |
| 1) | A | |
| 2 | Goodridge/Grygla | 46.95a |
| 1) | A | |
| 3 | Roseau | 48.03a |
| 1) | A | |
| 4 | BGMR Freeze | 48.34a |
| 1) | A | |
| 5 | Warroad | 49.39a |
| 1) | A | |
| 6 | Thief River Falls | 49.43a |
| 1) | A | |

Girls Varsity 4x100 Relay

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Team	Time	H#
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|----|-------------------|--------|
| 1 | Thief River Falls | 54.04a |
| 1) | A | |
| 2 | BGMR Freeze | 54.59a |
| 1) | A | |
| 3 | Goodridge/Grygla | 55.15a |
| 1) | A | |
| 4 | East Grand Forks | 55.76a |
| 1) | A | |
| 5 | Crookston | 55.93a |
| 1) | A | |
| 6 | Roseau | 55.97a |
| 1) | A | |

Boys Varsity 4x200 Relay

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Team	Time	H#
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- | | | |
|----|-------------------|----------|
| 1 | East Grand Forks | 1:36.02a |
| 1) | A | |
| 2 | Thief River Falls | 1:38.85a |
| 1) | A | |
| 3 | Goodridge/Grygla | 1:41.06a |
| 1) | A | |
| 4 | BGMR Freeze | 1:47.25a |
| 1) | A | |

5 Roseau 1:48.35a
1) A

Girls Varsity 4x200 Relay

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Team	Time	H#
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- | | | |
|---------------------|----------|--|
| 1 Thief River Falls | 1:47.11a | |
| 1) A | | |
| 2 Goodridge/Grygla | 1:57.79a | |
| 1) A | | |
| 3 Red Lake County | 1:59.94a | |
| 1) A | | |
| 4 Roseau | 2:00.42a | |
| 1) A | | |
| 5 Crookston | 2:01.39a | |
| 1) A | | |
| 6 BGMR Freeze | 2:13.03a | |
| 1) A | | |
| 7 Warroad | 2:14.46a | |
| 1) A | | |
| -- East Grand Forks | DQ | |
| 1) A | | |

Boys Varsity 4x400 Relay

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Team	Time	H#
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|---------------------|----------|--|
| 1 East Grand Forks | 3:36.98a | |
| 1) A | | |
| 2 Thief River Falls | 3:43.42a | |
| 1) A | | |
| 3 Roseau | 3:48.73a | |
| 1) A | | |
| 4 Warroad | 3:55.42a | |
| 1) A | | |
| 5 BGMR Freeze | 4:17.13a | |
| 1) A | | |

Girls Varsity 4x400 Relay

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Team	Time	H#
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|---------------------|----------|--|
| 1 East Grand Forks | 4:18.86a | |
| 1) A | | |
| 2 Thief River Falls | 4:25.75a | |
| 1) A | | |
| 3 Roseau | 4:39.76a | |
| 1) A | | |

4 BGMR Freeze 4:57.69a

1) A

5 Crookston 5:59.75a

1) A

Boys Varsity 4x800 Relay

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Team Time H#

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1 Roseau 8:45.39a

1) A

2 Warroad 9:08.29a

1) A

3 East Grand Forks 9:17.79a

1) A

4 Red Lake County 9:18.55a

1) A

5 Thief River Falls 9:31.52a

1) A

Girls Varsity 4x800 Relay

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Team Time H#

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1 Roseau 10:40.01a

1) A

2 East Grand Forks 11:10.24a

1) A

3 Crookston 11:17.73a

1) A

4 Warroad 11:25.45a

1) A

5 BGMR Freeze 11:39.83a

1) A

6 Thief River Falls 11:56.04a

1) A

Boys Varsity Shot Put

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Athlete Yr Team Mark H#

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1 Joey Bruggeman 12 Thief River Falls 42-1

2 Jack Dietz 11 East Grand Forks 41-4

3 Owen Larson 12 Goodridge/Grygla 40-6

4 Brett Rychlock 11 Goodridge/Grygla 39-3

5 John Moes 12 Warroad 38-1

6 Xaveon Rodriguez 10 East Grand Forks 38-0

7 Cooper Aune 10 Goodridge/Grygla 37-10

8 Isaiah Lucas 12 Roseau 37-7

9 Parker Kasprowicz 10 Thief River Falls 37-6
 10 Lennon Prudhomme 12 Crookston 33-4
 11 Ayden Nolte 11 East Grand Forks 33-0
 12 Logan Gustafson 12 Warroad 32-4
 13 Grant Sorum 10 East Grand Forks 32-4
 14 Joseph Stinson 11 Goodridge/Grygla 27-10
 15 Miles Corneillie 12 Crookston 26-1
 16 John Pena 10 BGMR Freeze 26-1
 17 Barron Muirhead 10 Roseau 25-9
 18 Logan Hovland 9 Red Lake County 25-8
 19 Willilam Klawitter 12 Red Lake County 24-10
 20 Kai Hoppe 10 Crookston 23-7
 21 Aaden Guerrero 9 BGMR Freeze 21-11
 22 Daxton Menlove 10 Roseau 19-9
 -- Tucker Meek 10 Warroad NM

Girls Varsity Shot Put

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Athlete Yr Team Mark H#

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1 Lila Dalager 11 Thief River Falls 31-5
 2 Adina Przekwas 10 Kittson County Central 30-4.5
 3 Avery Olson 9 Roseau 30-0
 4 Lilly Gjesdal 9 Kittson County Central 29-8
 5 Rose Cudnik 12 BGMR Freeze 28-5.5
 6 Morgan Skoien 10 Roseau 28-3
 7 Willow Moser 10 Roseau 28-1
 8 Paizley Moe 10 Goodridge/Grygla 27-10
 9 Kylee Gust 11 BGMR Freeze 27-7
 10 Kiley Streich 9 BGMR Freeze 27-2
 11 Alayna Carlisle 9 Goodridge/Grygla 27-1.25
 12 Natalia Zoller 10 Thief River Falls 26-11
 13 Ava Mast 10 Roseau 26-3
 14 Gabby Vargas 11 East Grand Forks 25-3
 15 Kennedy Bakke 10 Thief River Falls 25-0
 16 Brianna Severts 9 Goodridge/Grygla 24-11
 17 Kasey Fritz 9 Crookston 24-6
 18 Aubriana Tinkham 12 East Grand Forks 24-4.5
 19 Gabby Zoller 9 Thief River Falls 24-2
 20 Sophia Vargas 11 East Grand Forks 24-0.5
 21 Esther Gjesdal 10 Kittson County Central 24-0.5
 22 Hailey Fritz 10 Crookston 23-4
 23 Maria Mooney 12 BGMR Freeze 23-0
 24 Arianna Olivia 9 Goodridge/Grygla 21-7.5
 25 Eliza White 9 Warroad 19-0
 26 Madelyn Tibbetts 11 East Grand Forks 17-8.5
 27 Andrea Morales 9 Crookston 16-8
 -- Lydia Grovum 9 Crookston DNS

Boys Varsity Discus

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Athlete Yr Team Mark H#

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- 1 Joey Bruggeman 12 Thief River Falls 136-3
- 2 Owen Larson 12 Goodridge/Grygla 132-6
- 3 Grant Sorum 10 East Grand Forks 125-2
- 4 Logan Gustafson 12 Warroad 122-8
- 5 Parker Kasproicz 10 Thief River Falls 121-11
- 6 Brett Rychlock 11 Goodridge/Grygla 112-5
- 7 John Moes 12 Warroad 112-5
- 8 Jack Dietz 11 East Grand Forks 103-7
- 9 Liam Doty 9 East Grand Forks 102-6
- 10 Damontay Johnson 12 Goodridge/Grygla 100-6
- 11 Michael Rowe 11 Thief River Falls 94-7
- 12 Cooper Aune 10 Goodridge/Grygla 93-2
- 13 Lennon Prudhomme 12 Crookston 85-5
- 14 Traysen Van Camp 11 East Grand Forks 75-1
- 15 Isaiah Lucas 12 Roseau 74-6
- 16 John Pena 10 BGMR Freeze 71-11
- 17 Logan Hovland 9 Red Lake County 66-2
- 18 Willilam Klawitter 12 Red Lake County 65-5
- 19 Miles Corneillie 12 Crookston 62-7
- 20 Kai Hoppe 10 Crookston 61-8
- 21 Daxton Menlove 10 Roseau 50-3
- 22 Aaden Guerrero 9 BGMR Freeze 39-6
- Tucker Meek 10 Warroad SCR

Girls Varsity Discus

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Athlete Yr Team Mark H#

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- 1 Kylee Gust 11 BGMR Freeze 104-4
- 2 Gabby Vargas 11 East Grand Forks 85-0
- 3 Adina Przekwas 10 Kittson County Central 83-2
- 4 Sophia Vargas 11 East Grand Forks 76-11
- 5 Paizley Moe 10 Goodridge/Grygla 73-0
- 6 Elizabeth Desrosier 11 Roseau 71-3
- 7 Maria Mooney 12 BGMR Freeze 70-0
- 8 Anna Ulvin 12 Roseau 69-1
- 9 Ava Mast 10 Roseau 68-1
- 10 Kennedy Kalinowski 10 Thief River Falls 65-10
- 11 Aubriana Tinkham 12 East Grand Forks 63-2
- 12 Avery Olson 9 Roseau 61-0
- 13 Rose Cudnik 12 BGMR Freeze 59-7
- 14 Madelyn Tibbetts 11 East Grand Forks 58-2
- 15 Kennedy Bakke 10 Thief River Falls 57-7
- 16 Kiley Streich 9 BGMR Freeze 56-5
- 17 Lila Dalager 11 Thief River Falls 55-2

18 Hailey Fritz 10 Crookston 52-4
19 Lilly Gjesdal 9 Kittson County Central 50-10
20 Aveah Hanson 10 Thief River Falls 50-3
21 Esther Gjesdal 10 Kittson County Central 50-1
22 Arianna Olivia 9 Goodridge/Grygla 49-7
23 Alayna Carlisle 9 Goodridge/Grygla 43-0
-- Lydia Grovum 9 Crookston NM
-- Rylee Whitaker 9 Red Lake County ND

Boys Varsity High Jump

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Athlete Yr Team Mark H#

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1 Matthew Rieckman 11 East Grand Forks 5-10
2 David King 10 Thief River Falls 5-8
3 Brody Betcher 9 Roseau 5-4
4 Christian Omlid 10 East Grand Forks 5-2
5 Nathan Dauksavage 9 East Grand Forks 5-2
6 Holtyn Crist 9 Roseau 5-0
7 Owen O'Neill 10 Red Lake County 5-0
8 Tre'von Johnson 9 BGMR Freeze 4-10
-- Cash Reynolds 9 Thief River Falls NH
-- Carter Anderson 8 Thief River Falls NH
-- Corbin Hruby 8 Thief River Falls NH
-- Elijah Helstad 10 Warroad NH

Girls Varsity High Jump

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Athlete Yr Team Mark H#

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1 Davdine King 11 Thief River Falls 5-4
2 Kaydence White 12 Kittson County Central 5-2
3 Keira Bye 11 East Grand Forks 4-8
3 Keeva Kliner 7 Crookston 4-8
5 Aubrey Halverson 9 Red Lake County 4-8
6 Emma Olson 10 Roseau 4-4
7 Audrey Hayden 9 Roseau 4-4
8 Nora Bruggeman 11 Thief River Falls 4-4
9 Makayla Gunnarson 8 BGMR Freeze 4-2
10 Sascha Melby 8 BGMR Freeze 3-10
11 Maycee Olson 10 BGMR Freeze 3-10
-- Madelyn David 11 Thief River Falls DNS

Boys Varsity Pole Vault

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Athlete Yr Team Mark H#

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1 Makoti Weber 12 Crookston 12-0
2 Lincoln Davis 11 Thief River Falls 10-0

3 Ezra James 11 East Grand Forks 9-6
4 Keaton Tillett 11 Thief River Falls 9-6
5 John Senger 11 East Grand Forks 8-0
6 Elijah Schrage 11 East Grand Forks 7-6
7 Robbie Henry 12 BGMR Freeze 7-6
8 Luke Smith 10 Thief River Falls 7-6
-- Aiden Mooney 9 BGMR Freeze NH
-- Micah Severson 8 Roseau NH

Girls Varsity Pole Vault

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Athlete Yr Team Mark H#

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1 Chloe Boll 12 Crookston 10-0
2 Morgan Boll 9 Crookston 8-0
3 Jorja Perkerewicz 8 East Grand Forks 7-6
4 Bella Dicken 10 Thief River Falls 7-6
5 Jenna Goulet 12 Warroad 6-6

Boys Varsity Long Jump

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Athlete Yr Team Mark H#

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1 Jezrael Jones 12 East Grand Forks 19-2
2 Masen Lessard 9 Crookston 19-0
3 Carson Walseth 9 Thief River Falls 18-8
4 Wyatt Nelson 12 Thief River Falls 18-3
5 Gavin Wyckoff 9 Warroad 17-8
6 Caleb Mauch 11 Thief River Falls 17-8
7 Jaxon Bring 11 BGMR Freeze 17-6
8 Gus Jones 10 Goodridge/Grygla 16-11
9 Divin Tshitende 10 East Grand Forks 16-10
10 Alexander Link 11 East Grand Forks 16-9
11 Curtis Griffin 10 Thief River Falls 16-5
12 Christian Omlid 10 East Grand Forks 16-2
13 Hayden Shulstad 11 Red Lake County 16-1
14 Alex Bramer 10 Red Lake County 16-1
15 Matthias Henry 10 BGMR Freeze 15-11
16 Wylie Lehrer 9 Red Lake County 15-10
17 Damontay Johnson 12 Goodridge/Grygla 15-9
18 Asher Dunham 9 Roseau 14-11
19 Ty Johnson 9 Roseau 14-9

Girls Varsity Long Jump

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Athlete Yr Team Mark H#

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1 Kylie Snare 12 BGMR Freeze 16-1.5
2 Kinsley Beland 8 East Grand Forks 15-11.5

- 3 Madelyn David 11 Thief River Falls 15-6.5
- 4 Chloe Boll 12 Crookston 15-6
- 5 Davdine King 11 Thief River Falls 15-4.5
- 6 Aubrey Halverson 9 Red Lake County 14-5.75
- 7 Aryanna Aro 11 East Grand Forks 14-2.5
- 8 Taylor Wilson 9 Goodridge/Grygla 13-10.5
- 9 Kinsley Wangen 9 Crookston 13-9.5
- 10 Alayla Blanco 11 Goodridge/Grygla 13-4.25
- 11 Julia Halvorson 9 Goodridge/Grygla 13-4
- 12 Clara Hanson 9 Warroad 13-4
- 13 Bella Gerardy 9 BGMR Freeze 13-1
- 14 Kambree Wangen 7 Crookston 12-9
- 15 Jordan Johnson 9 Red Lake County 12-7
- 16 Isabelle Paradis 9 Red Lake County 12-6.5
- 17 Amora Puttbrese 9 BGMR Freeze 12-5.5
- 18 Alyssa Foster 10 Thief River Falls 12-2.5
- 19 Ava Oliver 9 Crookston 12-2
- 20 Leva Ulvin 9 Roseau 11-11.5
- 21 Brielle Reinbold 9 Red Lake County 11-9.25
- 22 Ava McKeever 10 Warroad 11-7.5
- 23 Myah Goulet 9 East Grand Forks 10-9.5
- 24 Christine Hanson 9 BGMR Freeze 10-3.75
- Gabriella Olson 12 Roseau DNS

Boys Varsity Triple Jump

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Athlete Yr Team Mark H#

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- 1 Jezrael Jones 12 East Grand Forks 43-1.5
- 2 Matthew Rieckman 11 East Grand Forks 41-8.5
- 3 Shay Jacobson 10 Goodridge/Grygla 38-10
- 4 Carson Walseth 9 Thief River Falls 37-0
- 5 Isaac Ball 9 Goodridge/Grygla 36-10
- 6 Hudson Brouse 11 Thief River Falls 36-4
- 7 Desean Johnson 10 Roseau 35-3
- 8 Mason McMillin 10 Warroad 34-10
- 9 Gavin Wyckoff 9 Warroad 34-4
- 10 Tyler Dumas 10 East Grand Forks 33-11
- 11 Caleb Mauch 11 Thief River Falls 33-10
- 12 Keaton Tillett 11 Thief River Falls 33-0
- 13 Asher Riske 9 East Grand Forks 32-10
- 14 Asher Dunham 9 Roseau 32-6
- 15 Tre'von Johnson 9 BGMR Freeze 31-4
- 16 Luke Hapka 8 BGMR Freeze 30-9
- 17 Ty Johnson 9 Roseau 28-9.5
- Landon Nordby 11 Goodridge/Grygla DNS

Girls Varsity Triple Jump

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Athlete Yr Team Mark H#

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- 1 Kylie Snare 12 BGMR Freeze 33-11
- 2 Sascha Melby 8 BGMR Freeze 30-10
- 3 Aryanna Aro 11 East Grand Forks 30-5
- 4 Anna Mooney 10 BGMR Freeze 29-1
- 5 Alyssa Foster 10 Thief River Falls 27-6
- 6 Krystal Neuschwander 9 Goodridge/Grygla 27-3.5
- 7 Mylee Sjulestad 11 Goodridge/Grygla 26-9
- 8 Svea Grafstrom 9 Warroad 25-0
- Madelyn David 11 Thief River Falls ND